

Medicare Rebates may apply through the 'Better Access to Mental Health Care Initiative' if assessed eligible via a GP, private paediatrician or psychiatrist.

If seeking a referral via your GP, a '*GP Mental Health Treatment Plan* must be completed (please book a double appointment).

Referrals are not required for private health rebates or NDIS purposes.

To be eligible to claim the Medicare rebate, we require a valid referral which includes the following details:

- referral date
- patient's name, DOB, address
- reason for referral (e.g. Diagnosis /presenting concern)
- a copy of the MHTP or statement it has been completed (applicable for GP referrals only)
- referrer's Medicare provider number and signature
- request for an initial course of treatment, which for the purposes of the Life Skills program, includes a referral up to **6 individual AND 6 group** allied mental health sessions. (Please note that the program includes 2 individual and 6 group sessions).

Please feel free to share this information at your GP appointment, including the attached optional referral form they can complete.

We will provide a written update following your child's completion of the program to your referrer.

What is the Medicare Rebate and how do I claim this?

The full program fee \$880 is paid up front after confirmation of your child's place following the initial session. This fee includes 9 Clinical Psychology Sessions (2 individual sessions & 6 weekly 90-minute group sessions & parent information video).

The full Medicare rebate is \$471, and applies only for referrals acquired on or prior to the initial appointment date.

The total out of pocket expense is \$409.

Itemised receipts are issued at group session 6 (this includes the first individual appointment and 6 group sessions) and at the follow-up session. You can submit a Medicare online claim using either your Medicare online account through myGov or the Express Plus Medicare mobile app.

Further information <https://www.health.gov.au/sites/default/files/documents/2020/09/better-access-fact-sheet-patients.pdf>

This form pertains specifically to referral for psychological treatment with Life Skills for Kids, under provisions of the Medicare Better Access Scheme with a Mental Health Care Treatment Plan, and includes Medicare referral requirements.

Patient Details

Name:

DOB:

Address:

Phone:

Reason for referral:

Number of sessions being referred for:

- 6 initial individual sessions and
- 6 initial group sessions.

An initial course of treatment includes up to 6 individual and 6 group allied mental health sessions. The Life Skills program includes 2 individual and 6 group clinical psychology sessions.

Please tick: MHTP has been completed ☐ and / or a copy of the MHTP is attached ☐

Referring GP details

Name:

Practice Details:

Provider Number:

Signature:

Date of referral:

Further information - <https://www.servicesaustralia.gov.au/organisations/health-professionals/topics/education-guide-better-access-mental-health-care-eligible-health-professionals/35591#a1>